



SIM

State Innovation Model

*SIM is helping Colorado
transform the way healthcare is
delivered*

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INNOVATE

INTEGRATE

TRANSFORM

WHAT IS SIM?



- National initiative through Governor's office; funded by the Centers for Medicare & Medicaid Services
- Encourages states to develop and test models for transforming healthcare payment and delivery systems
- **Colorado approach:** Our state received \$65 million to help primary care practices integrate behavioral and physical health and to test alternative payment models

Goal: Improve the health of Coloradans by increasing access to integrated physical & behavioral healthcare services in coordinated systems, with value-based payment structures, for 80% of Colorado residents by 2019.

SIM Reach and Scope

The Colorado State Innovation Model (SIM) will help 400 primary care practice sites and four community health centers integrate behavioral and physical health during its four-year time frame that ends in 2019. This data refers to work that is underway with cohorts 1 and 2. Learn more: <http://bit.ly/2l929YD>.



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246 Primary care practice sites

SIM practices are working to integrate behavioral health into primary care settings.

61 Providing care for children

56 Federally qualified health centers or look-alikes

98 Rural practices

1,847 Total providers

Total patient visits per year: 3,342,018

4 CMHCs

SIM community mental health centers (CMHCs) are working to integrate physical health into behavioral healthcare settings.



Community Reach Center, Commerce City



Jefferson Center for Mental Health, Lakewood



Mental Health Partners, Boulder



Southeast Health Group, La Junta

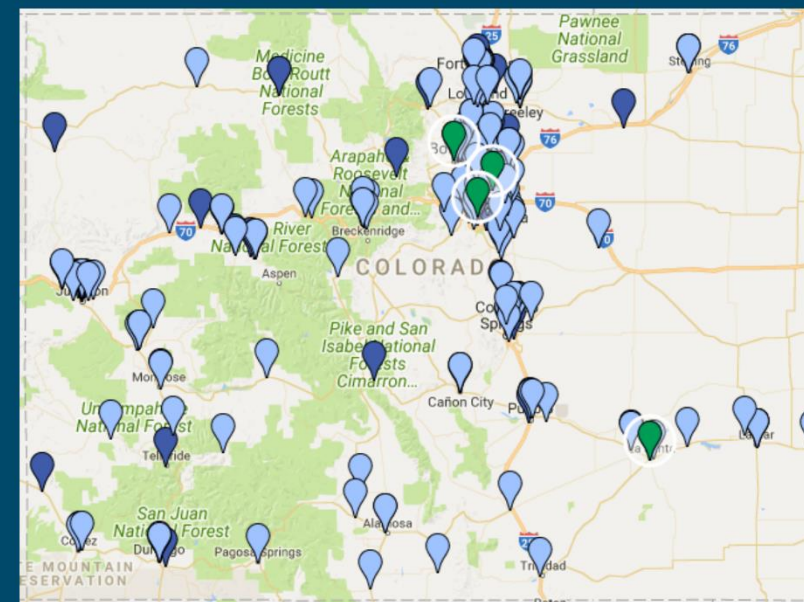
8 LPHAs

SIM is funding eight local public health agencies (LPHAs) to integrate behavioral and physical health at a systemic or population health level, and change attitudes (stigma reduction), increase access (referral mapping, coordination of resources), and/or improve knowledge (through outreach/education) about behavioral health.

2 BHTCs

The behavioral health transformation collaboratives (BHTCs) were funded in partnership with the Denver Foundation and work closely with schools, behavior and physical health providers and community-based organizations to improve community-clinical linkages and support youth with behavioral health needs.

LPHAs and BHTCs cover 31 counties



7 Health plans working together

In Colorado, public and private payers have voluntarily developed a multi-payer approach to support and expand broad-based accountable, whole person, patient-centered care transformation through a variety of initiatives. Seven payers signed a Memorandum of Understanding (MOU) with the SIM office, in which they committed to work collaboratively with SIM to transform the way physical and behavioral healthcare are delivered and financially supported in the practice. These payers make up a group called the Colorado Multi-payer Collaborative and include:

Anthem Blue Cross Blue Shield
Cigna
Colorado Choice
Health First Colorado (Medicaid)

Kaiser Permanente
Rocky Mountain Health Plans
UnitedHealthcare



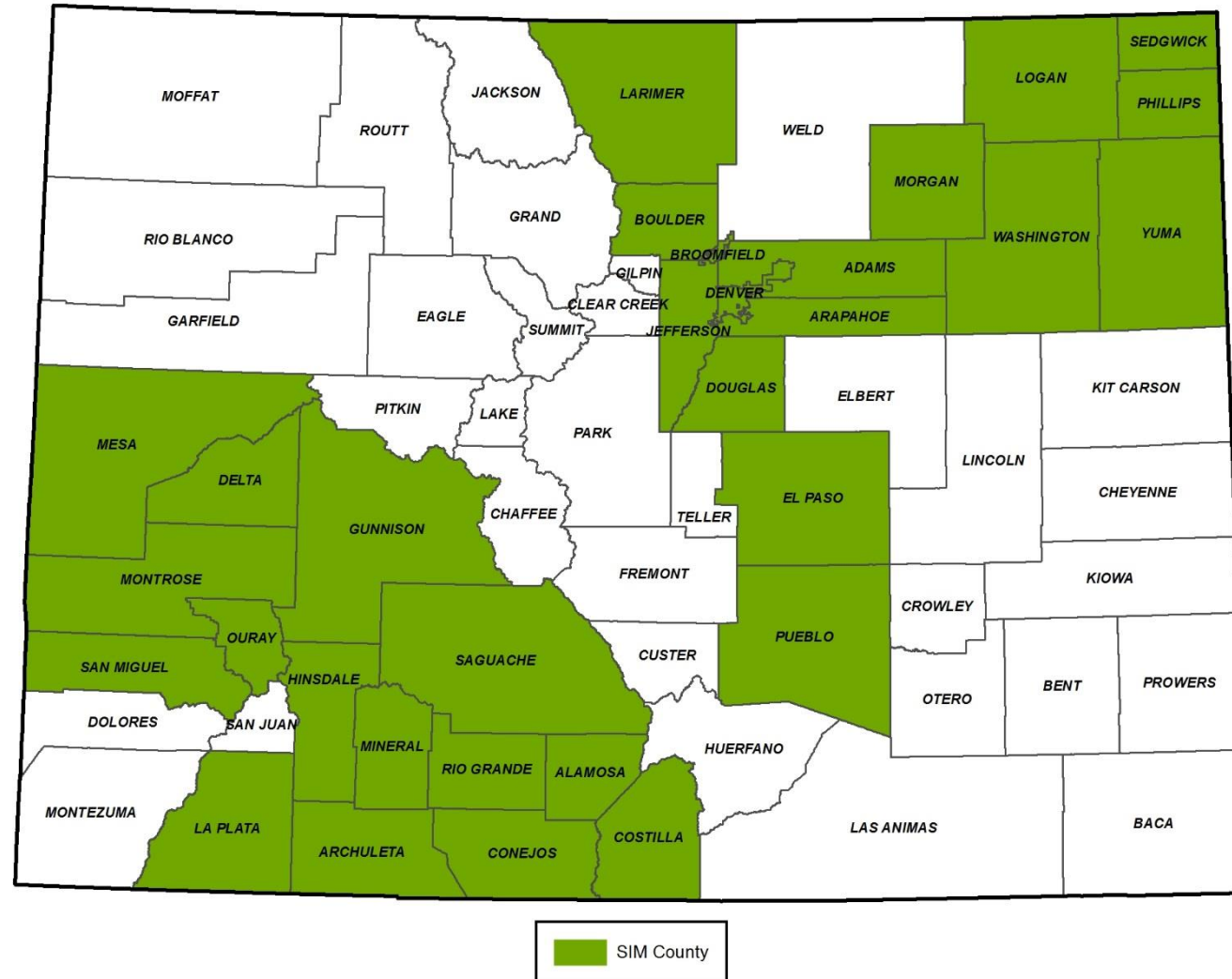
21 RHCs

A regional health connector (RHC) is a local resident whose full-time job is to improve the coordination of services to advance health and address the social determinants of health. RHCs promote connections among clinical care, community organizations, public health, human services, and other partners.

RHCs are connecting practices across the state with resources to improve health, such as community tobacco cessation groups, chronic disease management programs, school-based health services, and mental health trainings.

- **Outside Clinic Walls: A systemic and population health level approach**
 - Increase outreach, engagement and community development about behavioral health disorders and/or associated stigma
 - Maximize access to behavioral health preventive services through assessment, partnerships and community-clinical connections
- **Examples of Success:**
 - Stigma-reduction campaign [#LetsTalkCO](#) or [#HablemosCo](#)
 - Metro Public Health Behavioral Health Collaboration with SIM funding:
<http://letstalkco.org>
 - Over 500 pregnancy-related depression materials distributed at community events, WIC offices, and county health department offices
 - Northeast Colorado Health Department, 2016/2017 grant year

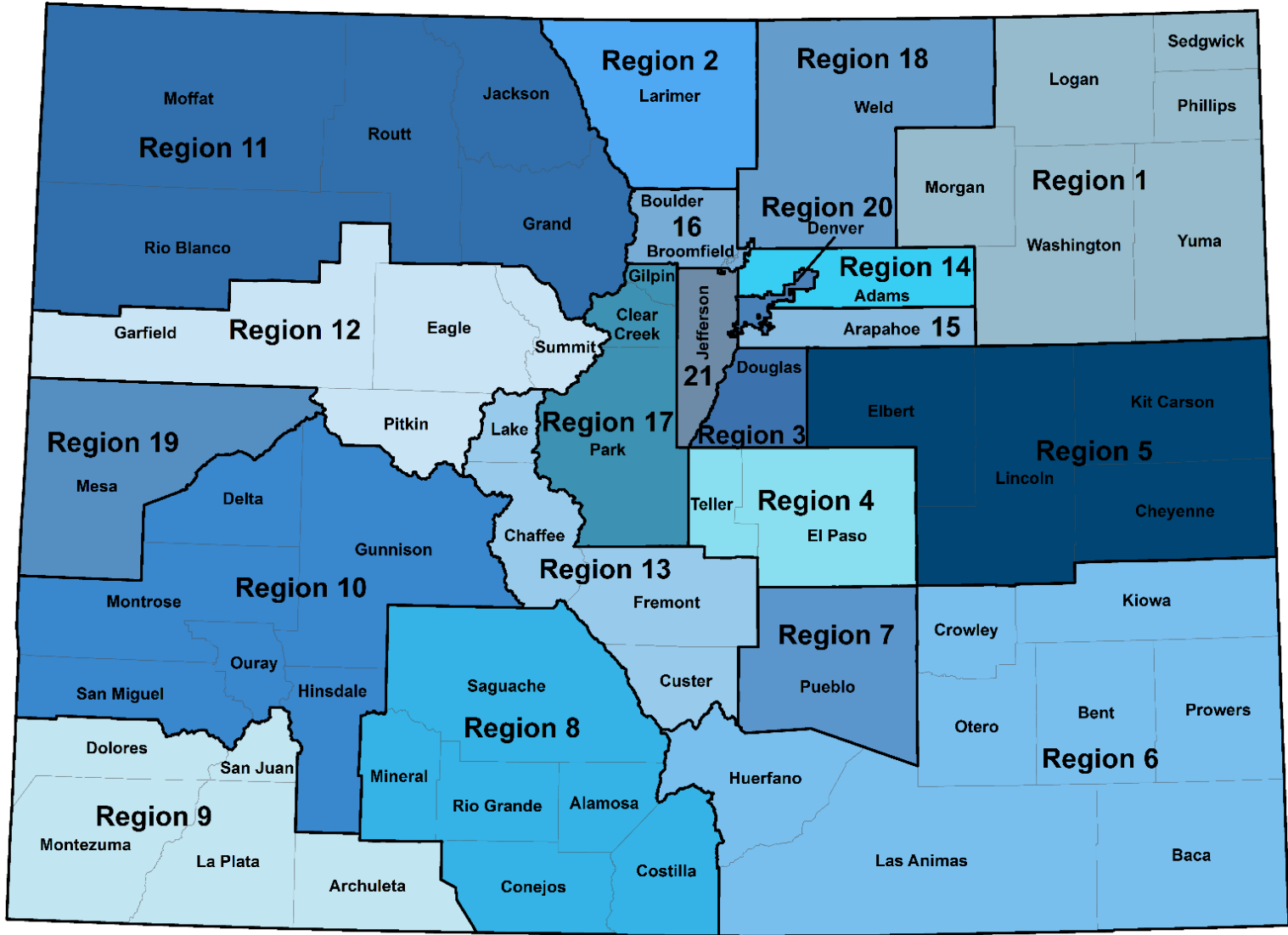
LPHA FUNDING



Health Extension: The SIM Initiative help fund a new workforce, Regional Health Connectors, who facilitate linkages between primary care practices, local & community resources, and public health



RHC REGIONS



Achievement-Based Payments: Opportunity to earn SIM payments of up to **\$13,000** per practice site for achieving milestones within key building blocks

Small Grants: Opportunity to apply for competitive grants up to **\$40,000** to support behavioral health integration

Payer Support through Value-Based Payment: SIM practices receive new or existing value-based payments from one or more SIM-participating private and/or public payers

Grants to Practices

Competitive small grants (up to \$40,000) to offset initial costs of integration

Alternative Payment Models

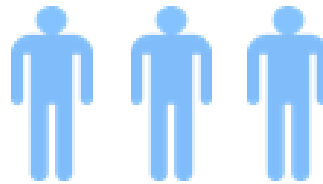
Value-based payments from at least one payer that signed the SIM MOU

Achievement-Based Payments

SIM payments based on achieving milestones



SIM Primary Care Practices



RHC CHITA PF

Practice Coaching

Each SIM practice is matched with a practice transformation organization that provides coaching support and technical assistance

Regional Health Connectors

Connecting practices with relevant community resources

Business Consultation

Helping practices improve business processes and accept alternative payment models



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- SIM practices are **increasing mental health screenings** - and are following up on positive results
- SIM providers improved their ability to **report and have confidence in clinical quality measures**
 - Data that can help providers articulate a unique value and negotiate more effectively with health plans
- Patients with diabetes in SIM practices have **improved Hemoglobin A1C control**, thanks to increased screening and interventions

- SIM practices are **better integrated**:
 - In our first cohort, 42.4% of practices moved to a higher level on the [Integrated Practice Assessment Tool](#) at 12 months (42.4%)
- More than 93% of SIM practices that responded to a survey “Strongly Agree” or “Agree” that the SIM initiative has assisted their practice in their work to improve integration of behavioral and physical health
- SIM is **reducing provider burden**: Alignment of measures across state and national initiatives

Measure Condition	SIM Metric Title	Citation	SIM	CPC+	QPP	TCPI	HCPF APM
Primary CQMs							
Depression	Preventive Care and Screening: Screening for Clinical Depression and Follow-up Plan	NQF 0418 CMS 2v6	✓		✓	✓	✓
Depression	Depression Remission at 12 Months	NQF 0418 CMS 2v6	<i>SIM accepts for CPC+ practice sites</i>	✓	✓		✓
Diabetes: Hemoglobin A1c	Diabetes: Hemoglobin A1c Poor Control	NQF 0059 CMS 122v5	✓	✓	✓	✓	✓
Hypertension	Controlling High Blood Pressure	NQF 0018 CMS 165v5	✓	✓	✓	✓	✓
Obesity: Adult	Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-up Plan	NQF 0421 CMS 69v5	✓		✓	✓	✓
Substance Use Disorder: Alcohol & Other Drug Dependence	Initiation & Engagement of Alcohol & Other Drug Dependence Treatment	NQF 0004 CMS 137v5	✓	✓	✓		✓
Substance Use Disorder: Tobacco	Preventive Care and Screening: Tobacco Use: Screening and Cessation Intervention	NQF 0028 CMS 138v5	✓	✓	✓	✓	✓
Secondary CQM							
Asthma	Medication Management for People with Asthma	NQF 1799 CMS n/a	✓		✓		✓
Fall Safety	Falls: Screening for Future Fall Risk	NQF 0101 CMS 139v5	✓	✓	✓		
Maternal Depression	Maternal Depression Screening	NQF 1401 CMS 82v4	✓		✓	✓	✓
Substance Use Disorder: Alcohol	Preventive Care and Screening: Unhealthy Alcohol Use: Screening & Brief Counseling	NQF 2152 CMS n/a	✓		✓		✓
Measures reported via APCD claims data automatically							
Breast Cancer	Breast Cancer Screening	NQF 2372 CMS 125v5		✓ (clinical)	✓ (clinical)		✓
Colorectal Cancer	Colorectal Cancer Screening	NQF 0034 CMS 130v5		✓ (clinical)	✓ (clinical)	✓	✓

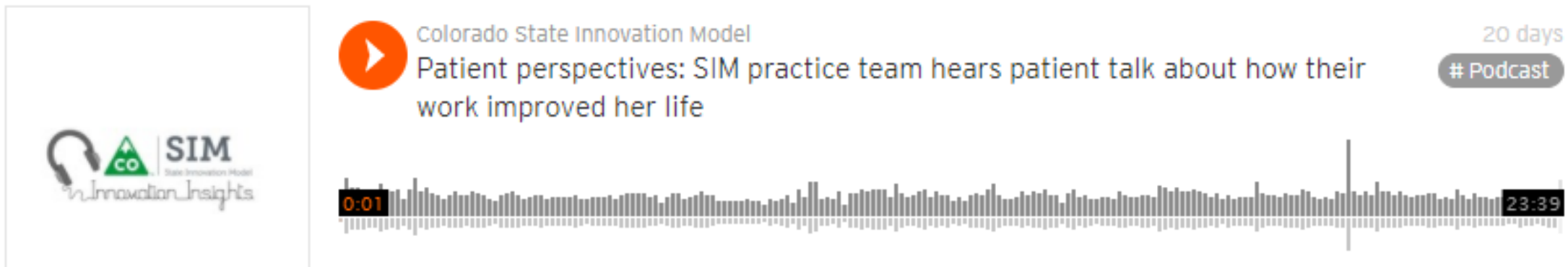
Measure Condition	Metric Title	Citation	SIM	QPP	TCPI	HCPF APM
Primary CQMs						
Depression	Preventive Care and Screening: Screening for Clinical Depression and Follow-up Plan	NQF 0418 CMS 2v6	✓	✓	✓	✓
Development Screening	Developmental Screening in the First Three Years of Life <i>(developed by Mathematica)</i>	NQF 1448 CMS – under development	✓		✓	
Maternal Depression	Maternal Depression Screening	NQF 1401 CMS 82v4	✓	✓	✓	✓
Obesity: Adolescent	Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents	NQF 0024 CMS 155v5	✓	✓	✓	✓
Secondary CQM						
Asthma	Medication Management for People with Asthma <i>(replaced to align with QPP)</i>	NQF 1799 CMS n/a		✓		✓

SIM CQM Reporting Requirements Summary: <http://www.practiceinnovationco.org/wp-content/uploads/2017/02/SIM-Clinical-Quality-Measures-CQM-Reporting-Requirements-Summary.pdf>

Updated SIM CQM Guidebook: http://www.practiceinnovationco.org/wp-content/uploads/vfb/2016/06/FINAL_SIM-CQM-GUIDEBOOK_20160609.pdf

Patients recognize and appreciate the work providers do to integrate behavioral & physical health in primary care settings to improve health outcomes. "I feel very well taken care of and very safe," a patient tells the care team in SIM podcast:

bit.ly/carbondale-podcast





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COLORADO
Office of the Governor
Gov. John Hickenlooper

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