



# The State of Western Slope Mental Health

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# What Are We Dealing With?

## Tragedy & Trauma

School Shootings

Student Suicides

Opioid Crisis

## New Dangers

The Digital Age

Economic &

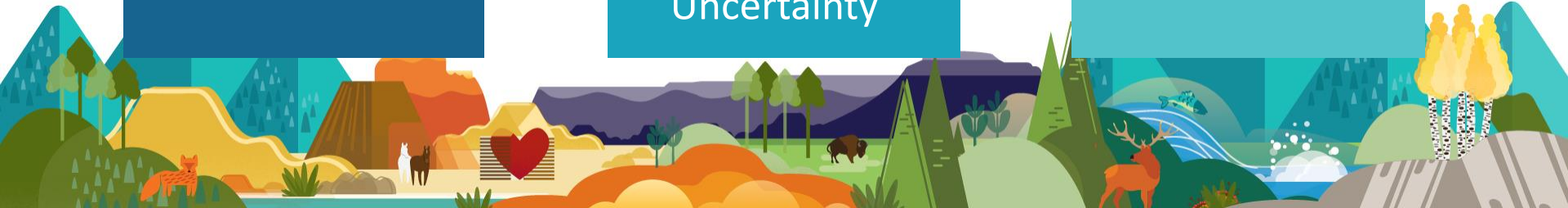
Political

Uncertainty

## A Broken System

Obsolete and/or  
Ineffective Policies

Under/  
Not Funded



# WESTERN SLOPE MENTAL HEALTH CRISIS RESPONSE

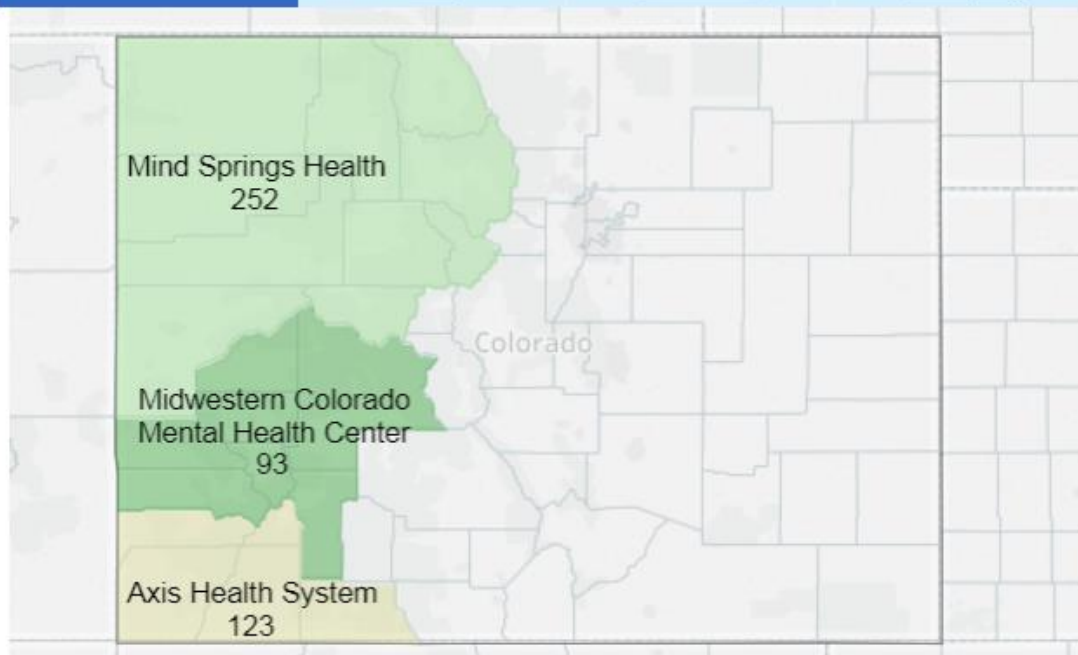
## Mobile Service counts over the last 30 days

Click to filter results: All

Axis

Midwestern

Mind Springs



## Timeliness and Satisfaction over the last 30 days

Measure Name

Timeliness of mobile crisis service

95.3%

Client satisfaction with crisis services

3.94

1 2 3 4 5

## Top 5 Referrals over the last 30 days

Other

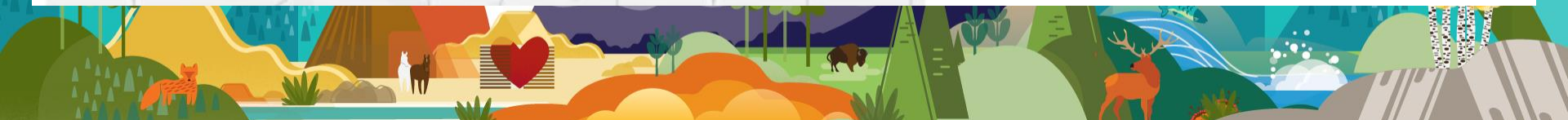
97.9%

Referral to OP behavioral health services


21.2%

Referral to IDD pilot program

0.4%



# In Times of Tragedy



24/7/365  
Mobile  
Response



Supporting  
First  
Responders &  
others  
impacted



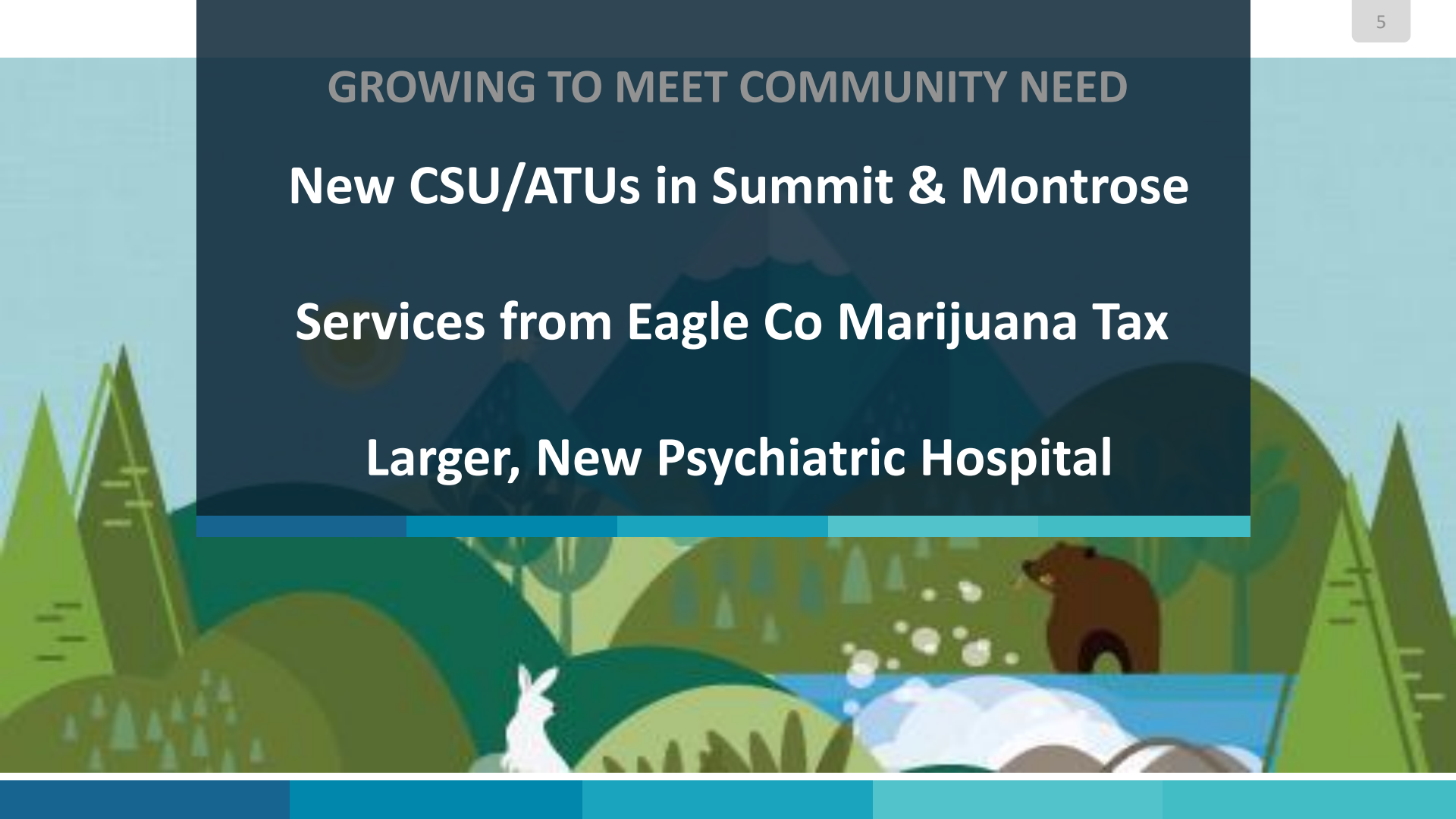
There for the  
Long Run  
  
Continuum of  
Services & Support

GROWING TO MEET COMMUNITY NEED

**New CSU/ATUs in Summit & Montrose**

**Services from Eagle Co Marijuana Tax**

**Larger, New Psychiatric Hospital**





# The New West Springs Hospital

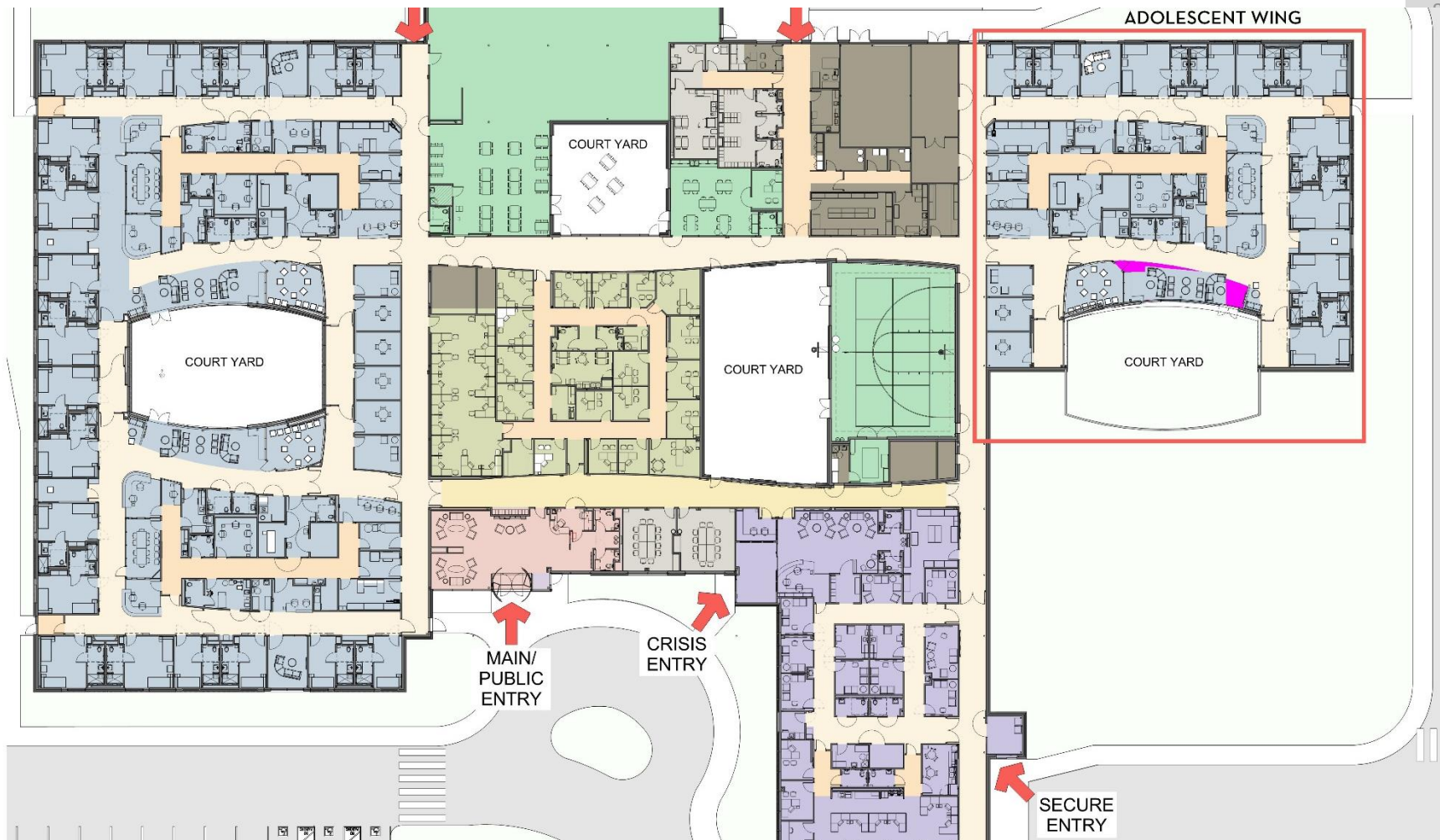
On schedule  
to open  
Late 2018 -  
Early 2019

Currently at  
70% of  
Fundraising  
Goal

64 beds  
Youth Wing  
Gym/Rec  
Solar









**EXPERTISE TO MEET COMMUNITY NEED**

**The Power of Positive Psychology**

**Screenagers & The Digital Age**

**New Team-based Treatment for Depression**

**Aging Gracefully**

# THE BUSINESS OF MENTAL HEALTH

## New Regional Accountable Entity (RAE)

Reunion Health

# Simple Steps to Happiness

- Express Gratitude
- Cultivate Optimism
- Avoid Overthinking
- Practice Mindful Acts of Kindness
- Nurture Relationships
- Develop Strategies for Coping
- Learn to Forgive
- Engage in Heartfelt Activities
- Savor Life's Joys
- Commit to your Goals
- Practice Spirituality
- Take Care of your Body





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